

29.03.2019

Dear Parents/Carers

RE: 4A Swimming Sessions – Summer Term 2019. Vale Farm Sports Centre

From **Thursday 25th April – 11th July 2019** your child's class (**4A**) are lucky enough to be taking **swimming lessons** as part of their Physical Education (PE) Curriculum. Swimming is statutory element of PE and is an essential life skill. Children are supposed to be able to swim 25m by the time they leave primary school. As such **all** children are expected to attend swimming.

The class will leave Kingsbury Green Primary School at 8.30am in order to travel by coach and be ready for a prompt start of the lesson at 9:30 am.

For this session children are required to wear the following:

Girls: Please make sure your child has the appropriate black or dark blue, one-piece swimming costume. Alternatively, for religious reasons, children are allowed to wear a fully covered, stretched swimming costume (Wet suits are not allowed!)



Boys: Please make sure your child has the appropriate black or dark blue, close fitting trunks. Shorts are not acceptable in the swimming pool.



For All children:

Boys and girls must have a **swimming cap** for all sessions. Swimming caps are available to buy at Vale Farm Leisure Centre for **£2.50**. Alternatively, costumes and caps can be purchased from outlets such as local sports shops or supermarkets (any colour cap is fine). Bring at least one towel. Swimming kits must be kept in a separate waterproof bag.

We recommend children bring body lotion if necessary and a healthy snack e.g banana or other fruit and water for after swimming.

Yours sincerely,

Ms Kantor- PE Leader