

14.05.2019

Dear Parents and Carers,

RE: 'Growing Up' talk – Year 5

I am writing to let you know that the school is making provision to support the Year 5 children in understanding the changes that happen to our bodies as we grow up. **This session will take place on Friday 14th June 2019.** It is important that they are knowledgeable about what is happening so they can be more aware and sensitive for themselves as well as towards each other.

I will work with the Year 5 class teachers to talk with the children about puberty and bodily changes.

The sessions will take place in boys only / girl's only groups. We use single sex groups for the introduction of this topic so that children can overcome any awkwardness or embarrassment they might initially feel.

The children will see a PowerPoint presentation and hear additional explanations to accompany this presentation. These slides are used regularly in Brent and other Local Authorities to help children have a clear understanding about this important subject.

This learning forms part of the curriculum related to 'sex and relationships' education which pupils will go onto to study further in Year 6. Sex and relationships education is part of science education in the National Curriculum and the learning is taken from this view-point.

If you wish to view the PowerPoint presentation that the children will see or any of the related learning resources, **you are very welcome to come to the school on Wednesday 12th June 2019 at 2.30pm or on Thursday 13 June 2019 at 9.15am** where I will be available to meet with you.

All children MUST receive learning linked to puberty as part of a statutory requirement. However, parents are entitled to decide if their child takes part in the sex education (how humans reproduce) aspect of the curriculum. If you have any queries regarding sex education, please come to one of the sessions we have offered you.

You may find it helpful to know that parents have told me in the past that this learning has helped them to continue good discussion at home on this subject with their children.

Yours sincerely



Ms. Maria Connell
Welfare Officer