

KGPS Personal, Social, Health and Citizenship Education & including Relationships and Sex Education (PSHCE & RSE) Yearly Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	We're All Stars I belong My community Solving problems	Being Friendly Being Wise Falling out, managing feelings Keeping safe in the home / out & about / in relationships	Daring to be Different Likes / dislikes / put downs / boost ups Standing up for oneself Recognising feelings Feeling sad	Who Likes Chocolate Fair trade Customs / rituals and their links to diversity Respect & tolerance of difference Fair & unfair	We are all Unique How I have changed I can make change happen Changing habits Keeping clean Similar / different Growing up	Money Matters Why have money, where does it come from, what is it for? Not having enough money Needs and wants Different meanings of 'rich' Toys & gender – challenging stereotypes
Y2	It's Our World Belonging to a community – responsibilities / contribution	Joining In and Joining Up Expressing an opinion Right & wrong choices Sense of responsibility to self & others	Life cycles Changes as we grow What we can do now that we couldn't do before Milestones in life	People Around Us Getting on with my family People who can help me Understanding loneliness Difficult choices Refugees – leaving home quickly	Saying No Medicines, personal safety etc Who can help me? Taking care on line	Dear Diary Love / care / pride / jealousy Dealing with hurt feelings Feeling excluded Dealing with worries Understanding emotions
Y3	We're All Stars Co-operative learning Expressing a view Getting on with friends	Being Friendly Being Wise Finding solutions Bullying Dealing with an emergency Keeping yourself safe – personal space / expressing feelings / on-line safety	It's Our World Introducing democracy Saving energy Climate change	Dear Diary Taking responsibility Making choices Following my conscience Feelings of loss & worry Supporting others who worry	Living Long, Living Strong Keeping clean Support networks Making people happy Overcoming barriers / setting personal goals	Joining Up & Joining In Jobs I can do at home / in school How people are represented in the local community Voting / elections / councillors Voting & debating Influencing what happens in my community The voluntary community
Y4	Saying No Risk identification People who help us Risks eg bullying, drugs etc	People Around Us Similarity & difference Tolerance of difference Contributing to a group / roles Recognise & challenge prejudice Explore stereotypes / gender & race Gender stereotypes – in jobs / the home	Money Matters Expenses Paying for things Lifestyle choices Charities	Daring to be Different Similarities & differences Feelings – surprise Difficult situations	Who Likes Chocolate? Ethics & exploitation Cost has a moral side Fair / unfair Debate / media / bias	Growing Up Sexual body parts Changes Human cycles Embracing change Aspirations / hopes & dreams
Y5	Talking About How We Feel Eg with different people – step mum / dad Why are feelings difficult to talk about	Be Friendly Be Wise My role in resolving conflict Taking responsibility Relationships – what is trust Online / social network / cyber-bullying	Money Matters Earning / spending / paying money back Value for money Tax, pensions, insurance etc Global poverty / poverty means different things to different people / cultures	Daring to be Different Respecting other opinions Debate / listen / discuss / dispute / solutions Making judgements about risk Peer pressure Self-assertiveness / body language & tone	Live long, Live Strong Recognising different types of relationships Puberty	Joining Up & Joining In Recognising anti-social behaviour Victims / offenders / perpetrators Rules & laws Legal system Voting & debating Active community membership
Y6	Its Our World Understanding democracy Our responsibilities as citizens Our responsibilities to sustainability	Growing Up Life Cycles Babies / birth / multiple birth / assisted birth Responsibilities of being a parent Moving on / transitions	People Around Us - Diversity Range of identities Sexual orientation Discrimination & equal opportunities Different types of relationships Recognising & challenging stereotypes Ending friendships appropriately Forgiveness / resentment / grudges	Who Likes Chocolate? Trade / profit / share / interdependence Different moral attitudes to fairness & responsibility Global footprint Hunger News reporting	Dear Diary Managing uncomfortable feelings Put downs / sarcasm / compliments / resentment / disappointment / Depression Forgiveness ChildLine	Saying No Recognising pressure Risks & choices Legal & illegal Smoking, drinking Carrying knives Anti-bullying