

Come to the “Drop- in”

- When?** Every Thursday at lunch play
- Where?** in the Quiet Room / next to Eileen’s room
- Who with?** Lotte
- Who can come?** Just you by yourself,
or you with a friend,
or you with someone you want to help



‘What is it all about?’

- *You can have special time just for you to ask questions or talk about stuff*
- *you can safely show or tell Lotte how angry/scared or happy you sometimes get*
- *what you say is confidential, but sometimes we might need to ask for help*
- *you might try this when you have problems or feel confused*
- *you can asked friends who have been to ‘drop- in’ before*

- What next?** Just turn up on a Thursday lunch time, but not during your time in the dinner hall. If there is a queue you might have to wait until it’s your turn. See you soon at the ‘drop-in’! 😊