

KS1 – Year One

Learning Timetable - Suggested Timings and Ideas of What to Do with your child

Morning						Afternoon			
Compulsory Learning						12:00-1:00 pm	Recommended Learning		Optional
Monday	Check out our Learning at Home PE links KGPS PE	Maths Click on the link. (Then click on Week 2 – not Sum Wk 2!) Watch the video and solve the problems. Compare Capacity Lesson 1	Break Time	English Spelling Rule of the Day See how to access your child's spelling rule below this timetable.	Reading with an Adult Oxford Owls	Lunch Time	Learning Project Time: The NHS Florence Nightingale Watch the video. Who was Florence Nightingale and why was she so important? Create a fact file or a poster about her life and work.	Indoor/Outdoor Activities Cooking with an adult Growing seeds Tidying the home/garden Learning and performing a poem/song Creating your own fitness routine and teaching it to others	Story Time Storyline
Tuesday	KGPS PE	Maths Click on the link. (Then click on Week 2 – not Sum Wk 2!) Watch the video and solve the problems. Count in Tens Lesson 2	Break Time	English Jack and the Beanstalk Story Jack and the Beanstalk Letter	Reading with an Adult Oxford Owls	Lunch Time	Learning Project Time: The NHS Not all heroes wear capes! Some wear hospital gowns called 'scrubs' or 'gowns'. Look at pictures of what nurses wear today and compare this with Florence Nightingale. Invent your own superhero. What qualities would they have? What would their superpower be? Draw and label your picture.	Indoor/Outdoor Activities	Story Time Storyline
Wednesday	KGPS PE	Maths Click on the link. (Then click on Week 2 – not Sum Wk 2!) Watch the video and solve the problems. Make Equal Groups Lesson 3	Break Time	English Jack and the Beanstalk Instructions	Reading with an Adult Oxford Owls	Lunch Time	Learning Project Time: The NHS Ms. Shah recently sent us all a link to the following book. Coronavirus - A Book for Children Read the story and consider the importance of keeping ourselves safe by washing our hands. Write a set of instructions for washing hands and display it near the sink in your home to remind everyone!	Indoor/Outdoor Activities	Story Time Storyline
Thursday	KGPS PE	Maths Click on the link. (Then click on Week 2 – not Sum Wk 2!) Watch the video and solve the problems.	Break Time	English Jack and the top of the Beanstalk!	Reading with an Adult Oxford Owls	Lunch Time	Learning Project Time: The NHS Make a heart to show your love and appreciation for all the NHS staff helping to keep us all safe whilst school is closed. Your heart could be made of anything –	Indoor/Outdoor Activities	Story Time Storyline

		Add Equal Groups Lesson 4					bread, twigs, flowers, pebbles from the garden, salt dough Salt Dough Recipe Don't forget to clap with an adult to show your thanks for our NHS workers and carers. Clap for our NHS and Key Workers		
Friday	KGPS PE	Maths Click on the link. (Then click on Week 2 – not Sum Wk 2!) Watch the video and solve the problems. Make Arrays	Break Time	English Practise five/ten spellings from your list in your school planner and aim to include them in your writing in Pobble	Reading with an Adult Oxford Owls	Lunch Time	PSHE BBC PSHE French BBC French	Indoor/Outdoor Activities	Story Time Storyline

Additional Learning Resources that families may want to engage with:

Oxford Owl for reading, spelling and maths:

- Time to read! Why not read one of the e-books from the book library. Log in to choose a book. You can read a wider range of books and select one for your age band or challenge yourself with one above. **Use the log in and password details sent via parent mail.** There is also extra spelling and grammar practice too!

Click: <https://www.oxfordowl.co.uk/>

- Select log in

- When the website opens, select "My class login"



Enter username and password and choose from options available to read an e-book

- Practise spelling rule! To access the spelling rule please click the link below and then follow these steps.

Click: <https://www.oxfordowl.co.uk/>

- My Class Login.
- Read, Write Inc Spelling
- Extra Practice Zone

- Year Group
- Click on 'Activity' to open up a spelling rule. Practise one spelling rule each time.

Pobble 365 - for Creative writing:

- Why not escape from your daily routine and immerse yourself into an imaginary world! Use the fantastic pictures in the Pobble 365 link below to write your own story! Bring it to school to share with your class. <http://www.pobble365.com/>

Mathematics:

- Click on the WRM link, go to the lesson for each day, watch the video with your child and then have a go at solving the problems.
- In order to help develop your child's fluency with number, encourage them to practise their number facts daily. The following websites will help support this. [Hit the Button Daily Arithmetic](#)
- Solve a maths problem and submit your solution! <https://nrich.maths.org/>

Revision and learning interesting facts:

- Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject. <https://www.bbc.co.uk/bitesize/levels/z3g4d2p>
- Watch CBBCNewsround and discuss current affairs.

[CBBCNewsround](#)

- Learn a poem and perform it to an audience. Write your own poem!

[Poetry4kids](#)

Learning Project - to be done throughout the week: The NHS

The project this week aims to provide opportunities for your child to learn more about our wonderful NHS. Learning may focus on the history of the NHS, significant people including local NHS workers and generally showing appreciation and support for our heroes. Other activities you may wish to have a go at ...

Reading

Click on the link and read the book with your child. Use it as a stimulus for discussion and then have a go at some of the activities below.

[Coronavirus - A Book for Children](#)

Arts-based activities

Write an acrostic poem to say thank you to the NHS. You could use the word THANK YOU or GRATITUDE as a writing frame. [Acrostic Poem Template](#)

Make a thank you poster.

Rainbows are a sign of hope. Draw or paint a rainbow and display it in your window. Already got a rainbow? Get inventive and find a different way to produce this colourful symbol.

Make a Stay at Home, Protect the NHS, Save Lives poster and display this next to the rainbow in your window.

Design a new brand of soap! Create a tv advert/radio jingle or a poster to advertise your product.

Showing gratitude

If you could send the NHS workers anything to make them smile what would you send them? Draw a picture of the perfect gift.

The NHS staff show kindness and spread happiness every day. Create a Kindness Jar by writing acts of kindness and popping them into the jar.

Interview somebody who has used the NHS and record their responses. What do they want to thank the NHS for?

Show your gratitude by joining in the weekly clapping with an adult. [Clap for our NHS and Key Workers](#)

Writing-based activities

Create your own story of joy in the role of a nurse, paramedic, doctor or other health professional. Present this in a mini story book or as a comic strip.

The book says 'We are all in this together.' Create a diary extract/ a leaflet/ a letter that explains how we continue to show this every day.

Write a set of instructions for handwashing.

Do you know a local NHS worker? Create a biography or fact file about them.

Imagine a life without the NHS. What would it be like? Write a speech about life without the NHS.

Science-based activities

Research how to keep healthy [BBC Science](#)

Geography-based activities

There are many NHS facilities in our community. Identify them on a map. What are they? How many can you find?